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Message from the Chair

Even as we come to the end of this very testing year, there are more months ahead of a winter 'ending in Tiers'. We have few traditional Christmas events and activities to look forward to, so immediately it's not a cheery prospect.... But we are told there is light at the end of the tunnel in the shape of one or more vaccines – and that we (older people) will be somewhere near the front of the queue. Fingers crossed. In the meantime people seem to be lifting their spirits and compensating for the gloom with early Christmas lights and decorations.

The good news for U3AC is that we appear to be on track to resolve our office premises challenge (our lease on the first floor comes to an end in June 2021). As soon as details are finalised, I will let you know our plans.

The other piece of good news is that our digital Autumn Term has been a great success. We have run over 150 courses and lectures this term and we have had many expressions of appreciation. Everyone has had to re-invent how they do things. Tutors have adapted teaching techniques, and re-organised course content. Leaders of walking groups have worked out how to continue walking while sticking to (often changing) Covid-19 guidance. Wednesday Lecturers have discovered how to present effectively without the feedback of a live audience. I would like to thank all staff, tutors, organisers, volunteers and others who have made this possible.

Of course, things have not been perfect. Not everyone loves Zoom. It has been difficult to get all our fitness courses up and running. Lockdown 2 has meant cancellations. Some people are disappointed that we can't run courses in other venues – or indeed in Bridge Street. I understand their frustration. We will continue to run as much as possible of our programme and are looking forward to a post-Covid U3AC when normal service will be resumed.

Finally, I would like to thank all of you who have stuck with U3AC, even when in some cases you're not signing up for a course. Many other U3As in this country and in Europe have been able to do very little indeed. Together we have achieved something remarkable.

I wish you all a very happy Christmas and New Year.

Susan Honeyford

Message from the Treasurer

As we approach the end of the financial year it seems a good time to give everyone an update on how U3AC has fared financially during this difficult year.

We suffered a drop in subscription income (about 30%) and so we are looking to our reserves to cover a loss this year. The organisation is financially resilient, but of course our membership subscriptions cover the annual fixed costs of running the organisation – premises, office and staff costs. These don't reduce because we go over to Zoom, and in fact additional licences, equipment and staff hours mean that things have cost more this year than last – as is the case for most organisations. However, we decided the right thing to do was keep going and provide the highest level of service to members that we could, rather than furlough the staff and mothball the office which might have saved us money. We did not believe we could have asked you to re-join and subscribe when we were offering you nothing.

As we gear up for the inevitable changes when our lease runs out next June, we shall once again be looking to our reserves to fund fitting out new premises to a suitable standard. This is something we have anticipated since we moved to Bridge Street over 10 years ago. We are fortunate that previous generations of members have contributed generously to our reserves over the years so that U3AC is in a position both to weather the Covid storm and move at the same time. Not something we could have planned or foreseen.

A big thank you to all those who have supported U3AC this year – by remaining members and by donating. Even a small amount is most welcome in these difficult days. Now that the news is slightly more optimistic for 2021, we look forward to members who were unable to join this year returning, and restoring U3AC to full strength.

Margaret Kerry

Message from the Secretary

An important date for your diary

The AGM for 2019-20 (postponed from 18 March 2020) and the AGM for 2020-21 will now both take place, almost certainly via Zoom, on 17 March 2021 at the usual time of 2.15 pm. We hope that as many members as possible will be present.

AGM, 2019-20

Nominations for the five seats on Council that became vacant on 18 March 2020 were sought via the December 2019 Newsletter, but none were received by the advertised deadline of 12 February 2020. Consequently, as members will remember, Council co-opted five members to fill the vacancies: Tim Ewbank, Vice-Chair, and Michael Atkinson, each serving for a second term; Maggie Balshaw, Director of Studies (Courses), Alastair Breward, Director of Studies (Lectures) and Debbie Ganz, Administrator. In September Debbie stood down, since when the Administrator vacancy has not been filled.

Members will be asked at the AGM to confirm the above appointments for terms of three years deemed to have begun on 18 March 2020.

AGM, 2020-21

Up to nine seats on Council will become vacant on 17 March 2021, and nominations are therefore sought for eligible candidates to stand for these vacancies. The Nomination Form can be found at the end of this Newsletter. Any members who would like to discuss the possibility of becoming members of Council should contact Tim Ewbank at vice-chair@u3ac.org.uk

The following five Council members, who reach the end of their first term at the AGM and are therefore eligible for re-election for a second term, have indicated that they are willing to stand again: Margaret Kerry, Treasurer, Sheila Bennett, Jane Stevens, Geof Tamulonis and Stella Weeds.

Penny Carter

Term Dates

Spring Term: Monday 11 January - Friday 19 March 2021

Summer Term: Monday 12 April - Friday 18 June 2021

The start date for each course is given on the website.

Interested in running a course?

There will be a meeting for prospective tutors with members of the Courses Committee to discuss what is involved in running a course. This will be an opportunity to ask questions about any aspect of course leadership on a strictly “no commitment” basis. It will take place on Thursday 7 January 2021, 10.30 am via Zoom.

If you are interested in attending, please contact the Office so that we can send you the Zoom link nearer the time.

New Courses – please contact the Office to enrol, places will be allocated on a first-come first-served basis

HIS 35: The Plantagenets Continued (Spring term)

Tutor: Celia Martyn

Day: Monday

Venue: Email course

Length of course: 1 term. Spring (4 weeks)

Places: 15

Start date: 1 Feb

This is a stand-alone course but follows on from, and complements, HIS 14:

Chapter One - Henry III

Chapter Two - Simon de Montfort - Rebellion and the Oxford Provisions

Chapter Three - Edward I

Chapter Four - Subjection of Wales and Scotland

Format: Email

About me: I am passionate about medieval history and have recently completed a history degree with the Open University.

INV 04: Finance Matters (Spring and Summer terms)

Organiser: John Abbott

Day and time: Alternate Mondays, 14:00 - 15:30

Venue: Zoom – video conference

Length of course: 2 terms. Spring (5 weeks), Summer (5 weeks)

Places: 12

Start date: 11 Jan

Money and assets are a problem if you don't have them but present a different set of concerns if you do!

Would you like to improve your knowledge of the financial world and gain more proficiency in the management of your own affairs?

Many of us find the whole financial scene daunting and it is indeed fraught with pitfalls.

This new U3AC Group is being formed to look at the financial choices we face in our twilight years, with a wider scope than other Investment Groups. We'll look at all aspects of money and asset management, helping us to identify the strengths and weaknesses of our personal circumstances. I'll make a few inputs but mainly we'll be sharing and learning from each other in the true spirit of the U3AC!

Enrolled members will be sent more on the aims and content of the course.

Format: Discussion

About me: I have managed a share portfolio for decades, and latterly property and others assets, learning along the way – I hope !

LEI 25: Cryptic crosswords for beginners 2 (Spring term)

Organiser: Mick Jump

Day and time: Thursday, 15:30 – 17:00

Venue: Zoom – video conference

Length of course: 1 term. Spring (5 weeks)

Places:8

Start date: 14 Jan

This course is a repeat of LEI 10.

Attendance for the first week of term is crucial as we'll be going through the basic principles together. Thereafter we'll be practising those principles, and we won't really have the time to go back, so if you are unable to attend week one please do not apply.

Format: Taught course or activity

About me: I'm a regular cryptic crossworder and find them a great way to keep the brain ticking over!

LIT 30: Contemporary Poetry: get to grips with modern poetry 2 (Spring term)

Coordinator: Chris Kington

Day and time: Alternate Wednesdays, 12:45 – 13:45

Venue: Zoom – video conference

Length of course: 1 term. Spring (5 weeks)

Places:15

Start date: 13 Jan

This course is a repeat of LIT 08.

Format: Discussion group

About me: I am an experienced facilitator hoping to help others share the excitement of discovering contemporary poetry. I am neither expert, academic nor literary scholar.

MUS 17: Going beyond Grade 5 Theory (Spring and Summer terms)

Tutor: David Woods

Day and time: Wednesday, 12:45 – 13:45

Venue: Zoom – video conference

Length of course: 2 terms. Spring (10 weeks), Summer (10 weeks)

Places:6

Start date: 13 Jan

This course is for members who have worked at Music Theory up to Grade 5 level and wish to progress further. A previous pass at Grade 5 is not obligatory.

Theory Grades 1 to 5 cover the rudiments of music notation. After that comes the much more exciting and creative study of real Music Theory, which embraces harmony,

counterpoint, analysis, music history, composing, orchestration, acoustics.

This course will initially use the existing Grade 6 curriculum and published materials. If there is continuing interest we will move on to Grades 7 and 8 at a later stage.

Members will be asked to purchase an appropriate workbook (around £10) - details later.

Format: Taught course with weekly assignments

About me: I read Music at Pembroke College, was Head of Music at a 6th form college, and have particularly enjoyed helping diffident learners with all aspects of Theory from Grade 5 up to degree level.

MUS 18: Simply the Best... of 60s Music (Spring term)

Tutor: William Haynes

Day and time: Thursday, 12:15 – 13:15

Venue: Zoom – video conference

Length of course: 1 term. Spring (10 weeks)

Places:35

Start date: 14 Jan

200 + tracks focusing on USA & UK releases between 1959 to 1969 taken from both singles and albums.

The music genres will include Doo Wop, Motown, Stax, Surf, Soul, Urban R&B, Flower Power, Folk (acoustic & electric), American girl groups, the best of British bands and classic hit parade favourites from the USA & UK charts plus your requests, occasionally we may also play a few late 50s and early 70s tracks too.

Format: Seminar

About me: Music fan and record collector for 65 years. Course tutor for the Autumn term 2020 - It's Only Rock n Roll...but I like it.

SCE 26: Covid 19, an update (Spring term)

Tutor: Lynne Harrison

Day and time: Friday, 10:00 – 11:00

Venue: Zoom – video conference

Length of course: 1 term. Spring (3 weeks)

Places:50

Start date: 15 Jan

In these 3 sessions I will try to present an update on what is now generally accepted about SARS CoV2 and Covid 19. Starting with what we know about the virus now and how it is transmitted, looking at the illness that it can cause and then going on to discuss advice on how we can safeguard ourselves and a discussion of the vaccines that will be available. Although this discussion will complement the previous course I will recap the essentials so that it will not be necessary to have attended the previous course (or to remember it all!)

This is not a medical course, I will simply try to present the science as I see it.

Format: Lecture

About me: After an extended career working in, then teaching and talking about, science I have over the last few years given courses on Genetics, the Origins of Life and SARS CoV2 for U3AC. My course materials are available at flynnh.wordpress.com

One-off talk: Hobson's Conduit: Cambridge's unique watercourse

Howard Slatter will be giving a talk on Hobson's Conduit to Your Cambridge Take 2 and they have kindly opened this up to other U3AC members. Please contact the Office if you would like a place

Date: Tuesday 9 February

Time: 14.00 – 15.30

Venue: Via Zoom – video-conference

About Courses

Zoom courses

Many courses will continue to be held by video-conference (Zoom) in the Spring term. We have run several introductory sessions for members, if you haven't attended one, a Beginners Guide to Zoom is at the end of this Newsletter (page 11).

Programme of Courses

The Programme of Courses is in a PDF format this year so that changes can be made when new courses and venues become available. The latest version can be viewed and downloaded from the website.

Applying for additional courses

Would you like to apply for additional courses?

The list of courses with vacancies is on the homepage of the U3AC website and is updated regularly. To apply for a course, contact the Office.

Withdrawing from a course

If you are no longer able to attend a course in which you have a place, please inform the Office at the **earliest possible** opportunity, so that the place can be given to someone on the waiting list. Please do not wait until the course is about to start or has started. Thank you.

If you cannot attend the first session of term

If you are unable to attend the first session of your course, please inform the tutor or the Office **before term starts**. Many courses have long waiting lists and we must be fair to other members, so if we do not hear from you, we will replace you with someone from the waiting list immediately after the first session.

If you cannot attend a course session

For courses held by Zoom: please inform the Office.

For courses held outside: please send apologies directly to the tutor. Contact details are on the website underneath each course description. You will need to log in to the website to access this information (see below).

Tutors' details

For data protection reasons, the Programme of Courses does not include tutors' contact details or the venue if a course is held in a member's home. This information is given on the members' area of the website. Members without internet access can obtain this information from the Office.

To view the details on the website, log in using your username and password. Your username is usually your first name, then a full stop, then your surname. The first time you log in, you will need to set up a password. To set up a password, click the 'Forgotten Password?' button on the login screen.

Please contact the Office if you have any difficulties using the website.

General Information

A reminder

The annual membership subscription of £82 contributes to the administration and accommodation costs of the U3AC. **It is not a payment for courses, lectures or activities.** Members can 'attend' the Wednesday and Norah Boyce lectures (space permitting), apply for up to 6 courses and apply for visits arranged throughout the year.

Discounts to members

We have a number of discounts for U3AC members in shops and restaurants around Cambridge. Many of these display a U3AC logo in their window or by the till to make it easier for you to spot. You can download the full list (giving any terms and conditions for the discount) from the U3AC website; there is a link on the homepage.

Environment Group

Recent activities and reports can be found on the website <https://www.u3ac.org.uk/social/xtra-groups/environment-group/> Contact the Environment Group: environmentu3ac@gmail.com

Deaths

We were sorry to hear recently of the deaths of:

Michael Langford in August

Frank Whaley in November

Judi Walton in October

Celia Milstein in November

Cultural and Social Activities

These activities are organised by the U3AC Cultural and Social Activities Committee. The Chair of the Committee is Clem Messenger.

When activities resume, information about the trips will be given in the weekly Bulletin and Newsletter.

U3AC Film Group – Update – Spring Term 2021

Like all of us, I had hoped that by now life would be more normal. However, at the time of writing, and from current media advice, we are heading towards the end of the second pandemic lockdown, the introduction of a 3 Tier System for England, and hopefully the introduction of a successful vaccination programme with many of us being in the first waves of such a programme.

At present cinemas remain closed and I have yet to see what the admission and seating policy will be when Picturehouse Cambridge re-opens. As members of the Film Group know, most of our films are screened in the smaller of the Picturehouse cinemas, Screen 3, and I have no idea as to whether all of the 3 screens will be operational when the cinema re-opens. As soon as I am able to plan a new programme in conjunction with the Central Picturehouse programmer I hope to programme a choice selection of films. I hope that we will be able to have a programme of films for the Summer Term 2021, or at the latest the Autumn Term 2021, and of course when it is safe for all of us to enjoy a film in the cinema again.

Jeremy Buncombe

General Administration

Savings on postage

If two (or more) members live at the same address we save postage by sending their documents in one envelope. If you would like future mailings sent in separate envelopes, please inform the Office.

Council meeting

The next U3AC Council meeting will be on Friday 19 February 2021.

Other Organisations

Details of events held by other organisations can be viewed on our website:

<https://www.u3ac.org.uk/social/other-organisations/>

Norah Boyce Science Lectures – Spring Term 2021

These weekly lectures will take place on Tuesdays at 5.00 pm online via video-conference (Zoom).

These are open to members only. You will need to log in to access the Zoom link. The link for each lecture is on the Norah Boyce Lectures page of the website.

Any last-minute changes to the programme will be publicised in the weekly Bulletin.

"Science for Everyone"

19 January Epidemiology: from Covid-19 to protecting food security

Speaker Prof Chris Gilligan CBE, Department of Plant Sciences

Epidemiology and epidemiologists are very much in the news. Many of the modelling approaches applied to Covid-19 are also being used to predict and manage diseases of crops and livestock, where losses, particularly in low and middle income countries, have devastating effects on food security. Starting with Covid-19, I shall briefly introduce the ideas that underlie epidemiological modelling and then explain how these ideas are used to support food security in Sub Saharan Africa and South Asia.

2 February Can we refreeze the Arctic?

Speaker Dr Hugh Hunt, Reader in Engineering Dynamics and Vibration

How can we cool the planet if (when) we fail to meet our CO₂ emissions targets? There are "geoengineering" technologies almost ready to go and some sound quite scary. Many pundits question whether it is safe to meddle with the climate when we only have one Earth, but others argue that we haven't much time left before climate change runs away from us. This talk will present technologies which may be urgently required to slow down the progress of Arctic melting. The scale of the problem is huge, and we're not well prepared.

23 February Antimicrobial resistance – why you should care

Speaker Dame Sally Davies FRS, Master of Trinity College and former Chief Medical Officer for England

Dame Sally Davies is the UK Special Envoy for Antimicrobial Resistance. She will discuss its importance and the struggle to ensure action is taken.

2 March SARS-CoV-2 Infection – Where are we now?

Speaker Prof Paul Lehner FMedSci, Professor of Immunology and Medicine

It's almost exactly a year since the UK first went into lockdown for Covid-19. Why has this virus been so successful and have we learnt to manage it better?

9 March Beauty and the Beast: Matter, Antimatter and the Large Hadron Collider

Speaker Prof Valerie Gibson, Head of High Energy Physics Research Group, Cavendish Laboratory

The Large Hadron Collider (LHC) is one of the wonders of the modern world - a true beast of a creation consisting of a 27-kilometer ring of superconducting magnets with an accelerating system to boost the energy of particles along the way. The ultimate aim of the LHCb (beauty) experiment is to search for new phenomena in heavy quark (beauty and charm) systems - which could explain why we live in a universe made of matter and not antimatter, and provide insight into its very origins. This lecture will highlight news from the LHC, the latest discoveries and the first glimpse of phenomena beyond our current understanding of the universe.

Wednesday Lectures – Spring Term 2021

These weekly lectures will take place at 2.15 pm online via video-conference (Zoom).

These are open to members only. You will need to log in to access the Zoom link. The link for each lecture is on the Wednesday Lectures page of the website.

Any last-minute changes to the programme will be publicised in the weekly Bulletin.

13 January Over Here: how the US army's stay in the UK during WW2 influenced the civil rights movement

Speaker Matthew Brown

When soldiers live as civilians overseas, historians get the rare chance to study the social aspects of their presence. When Americans began deploying to England in 1942, they brought along their cultural practices, prejudices, and biases. White Americans were shocked to discover that British people didn't share their prejudiced racial attitudes; and African-Americans were astounded at being treated as equals by the British. On several occasions, friction escalated into bloodshed. How could it be that America asked African-Americans to fight for other peoples' freedom, while denying civil liberties to the very soldiers who were doing the fighting? This lecture will explore this topic and reveal an unexpected conclusion.

Matthew spent 24 years as a US military officer, and is currently with the American Battle Monuments Commission (ABMC), as Superintendent of the Cambridge American Cemetery.

20 January The amazing world of lichens

Speaker David Hill

We will all have seen lichens but we may not have paid them any attention or even noticed them. David will introduce you to what extraordinary organisms lichens are and outline their fascinating lives and the fantastic range of places where they can be found. He will explain their special biological significance and what they can tell us about our environment.

David studied botany at Sheffield University, did his PhD on lichens at Oxford University and continued with research on lichens at Bristol University. He has been President of the British Lichen Society and is now recording lichens in his local area.

27 January How lobbying distorts our democracy

Speaker Tamasin Cave

Tamasin will talk about how commercial lobbyists have become dominant voices in government through the tools and tactics they employ, and how progress in policy areas – from climate change to public health – depends on us curbing their power.

Tamasin Cave is a writer, campaigner and commentator. She is co-author (with Andy Rowell) of *A Quiet Word: Lobbying, crony capitalism and broken politics in Britain*, was a director of Spinwatch, and led the campaign for transparency regulations for lobbyists.

3 February Next Generation Energy in Africa - Connecting the unconnected

Speaker Simon Bransfield-Garth

600 million people in Africa still have no access to electricity and grid rollout remains painfully slow. But a new generation of entrepreneurial businesses is rolling out small scale solar power to individual households, enabling families that often still rely on candles at night, to access the digital economy through clean LED light, satellite TV and smartphones. This is being done as a commercial enterprise, not as a charity, and is currently connecting tens of thousands of households every month.

Simon is CEO of Azuri Technologies, a one time Fellow at St John's College, a Royal Society Industrial Fellow and awarded the title "Technology Pioneer" by the World Economic Forum in 2012 for his work on solar power in emerging markets.

10 February Humanism and Humanist funeral celebration

Speaker Alex Collis

Further details to follow.

17 February The Future of Brain Repair: the prospects for successful Stem Cell Therapy

Speaker Jack Price

Are stem cell therapies about to revolutionise the treatment of brain disorders, or are they a case of over-promise and under-delivery? With no cell therapy yet licensed for a brain disorder, this lecture will try to identify where breakthroughs might lie.

Jack is currently Professor of Developmental Neurobiology at King's College London, and was previously Director of Molecular Neuroscience at SmithKline Beecham Pharmaceuticals, Head of the Division of Advanced Therapies at the Medicines and Healthcare Products Regulatory Agency, and Director of the UK Stem Cell Bank.

24 February How to understand China and the Chinese

Speaker Alan Macfarlane

It is increasingly important that China and the West understand each other. China is the oldest and largest continuous civilisation in history and is affecting all our lives. It is simple in its structure, yet very difficult for westerners to understand - because almost every principle upon which it is based is very different to anything in western experience. Professor Macfarlane will shed light on its inner logic.

Professor Alan Macfarlane FBA, Emeritus Professor of Anthropological Science, University of Cambridge (Life Fellow of King's College), is 'Keeper' of the Xu Zhimo memorial stone and garden by the Bridge at King's College, and author of *Understanding the Chinese: A Personal A-Z* (2020).

3 March Conflict on the Roof of the World: Himalayan politics & warfare

Speaker Henry Edmundson

The Chinese take-over of Tibet is just one recent power-play in the Himalayan region. Long ago, the Tibetans were the empire builders. In the 19th century, strongman Gulab Singh gobbled up parts of the Western Himalaya to create Kashmir. During the Raj, the British fought Russian influence to commandeer the high mountains. Today, the struggle for control of the roof of the world shows no sign of abating.

Henry has been trekking and climbing in the wider Himalayan Area for over 50 years. He is a graduate of Pembroke College, Cambridge, postgraduate of Bristol University, and a member of the Alpine Club, the Himalayan Club and Fellow of the Royal Geographical Society.

10 March Southern African San Rock Art

Speaker Dr Sam Challis

Southern African San rock art is among the best-understood in the world, the explanatory force deriving from ethnographic material that has been shown to obtain. San 'Bushman' beliefs recorded in the nineteenth and twentieth centuries illuminate otherwise unknowable features in cave paintings – the revealing of which has led to better interpretations of cave paintings elsewhere.

Dr Sam Challis (DPhil, Oxon) is Head and Senior Researcher at the Rock Art Research Institute, University of the Witwatersrand.

17 March AGM

A Beginner's Guide to Zoom

If you haven't joined a Zoom meeting before, you may find this simple guide helpful.

The basics

Zoom classes are held in your own home – there is no need to come to the U3AC premises. You will need:

- a computer, tablet, smartphone, iPad or similar device with a camera and a microphone
- a good internet connection.

Before your first Zoom session

It's best to familiarise yourself with Zoom before your first class. You will need to know:

- How to mute/unmute yourself (click on the microphone symbol). Note: To quickly unmute yourself on a PC/Mac, press and hold down the spacebar; releasing the spacebar mutes you again.
- How to change the name that appears under your picture. (On a PC or Mac, when you hover your mouse over your image, a blue 3 dot icon (...) appears. Click on this to see a range of options, including 'Name'. Click on 'Name' to change the name displayed on the screen.)

If you need help with this, contact the Office before your class starts. Only limited support will be available once the class has started.

Accessing a Zoom class

- For each course in which you have been allocated a place you will be sent a link by email. This might be as late as the day before the course starts. Keep this link somewhere safe as we will only send it once and you will need it for each session. (Each course has a different link.)
- Click on the link to join the class. You may need to wait for the previous class to finish but you will be able to join at least 5 minutes before the class starts.
- Most classes are 'hosted' by the U3AC Office, in which case the email with the link will be sent from U3AC. A small number of classes are 'hosted' by the tutor, who may send the link out each week.

Class etiquette

In many ways, Zoom classes are the same as classes held in a classroom.

- Send apologies to the Office if you cannot attend the class. The tutor or U3AC will take the register in the usual way.
- Join the class promptly.
- Before joining the class, check that there is nothing behind you that you don't want others to see.
- Make sure you are suitably attired.
- Do not sit too close to your screen.
- Ensure your face is in the centre of your screen.
- Place your iPad/tablet/phone on a stable surface.
- Mute your sound (turn off the microphone) when you are not talking to prevent background interference.
- Raise your hand if you want to speak, and wait for the tutor to ask for your contribution. Be patient – your turn will come!
- Only unmute your sound when the tutor invites you to speak.
- Don't eat during a class.

For further information you may find the Zoom cribsheet for tutors, on our website, useful:

http://u3ac.org.uk/wp-content/uploads/2020/07/Zoom_Cribsheet_for_tutors.pdf

Nominations for Council

Council members are U3AC’s trustees and, as such, have responsibility for the organisation’s finances, policies and operations. Full details of the role of trustees can be seen at: <https://www.gov.uk/guidance/charity-trustee-whats-involved>.

In terms of time, membership of Council requires preparation for, and participation in, approximately six meetings each year together, where necessary, with attendance at meetings of sub-committees. Council members are also expected to take part as hosts at certain social and new member events.

At the AGM on Wednesday 17 March 2021 up to nine seats on U3AC’s Council will become vacant. Nominations are therefore sought for eligible candidates to stand for these vacancies. Eligible candidates are U3AC members who did not serve their second term on Council in the period March 2019 - March 2021 and are not disqualified by charity law to act as a trustee. For guidance on disqualification see <https://www.gov.uk/guidance/automatic-disqualification-rule-changes-guidance-for-charities>.

The following five Council members, who reach the end of their first term at the AGM and are therefore eligible for re-election for a second term, are standing for re-election: Margaret Kerry, Treasurer, Sheila Bennett, Jane Stevens, Geof Tamulonis and Stella Weeds.

If you would like to nominate one or more people to stand as a candidate, please ensure your suggested nominee(s) is/are willing and then find another U3AC member to second your proposal. Nominations should be submitted using the form below and accompanied by:

- photograph(s) of the nominee(s)
- short statement(s) summarising the involvement of the nominees with U3AC activities, including length of membership and any other relevant information.

Completed forms should be returned to: The Secretary, U3AC, 27-28 Bridge Street, Cambridge CB2 1JU by **Wednesday 17 February 2021**.

If more than nine nominations are received, a ballot will be arranged.

Nominee	Proposer	Seconder