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**We would like to wish our members a
Happy Christmas and Healthy New Year**



Message from the Chair

Behind the scenes or under the bonnet?

I hope that you have all enjoyed the Autumn term. The way U3AC works can sometimes seem like a mystery wrapped in an enigma. This Message is about some of the work taking place to improve our service to members.

First our communications. The weekly emailed Bulletin has been re-designed. It now follows a more logical order which should make it easier to absorb the useful information in it. This Newsletter has been slimmed down and re-ordered. We hope that work on the website will begin next year. Thank you to members who contributed to the Communications Focus Groups for their input.

Financial matters. In response to requests from members we now have a (credit and debit) card reader in the U3AC office which makes payments made in person easier and reduces cheque processing. We have installed an up to date accounting system which allows us to monitor expenditure against budget more simply. Since Gift Aid makes a significant contribution to our finances, we are pleased that, after reminders from the office, almost all members have now completed their Gift Aid declaration for U3AC (CIO).

The office move. Using information from the Member Survey and other suggestions from members and staff we have started work on this major undertaking. Information can be found on the website here: <https://u3ac.org.uk/u3ac-office-move>. (At this stage, unsurprisingly, there is not a great deal to report). Comments and suggestions can be sent here: officemove@u3ac.org.uk. Thank you to those who have already done so.

At the next Council meeting in December we will consider the financial and logistical implications of the office move (which takes place in 2021). It is already clear that the right premises with the right facilities in the central location we know members strongly prefer will not be cheap. We also have to cover the costs of moving. However, thanks to the generosity of members and many years of prudent financial management (a particular thank you to our staff who are very expenditure-averse) we believe we are in a good position.

With best wishes for a Happy Christmas and a peaceful New Year.

Susan Honeyford, Chair U3AC

Term Dates and Office Closures

**The U3AC Office closes at 2 pm on Friday 20 December 2019 and re-opens
at 10 am on Thursday 2 January 2020**

Spring term: Monday 13 January – Friday 20 March 2020

Summer term: Monday 20 April – Friday 19 June 2020

The start date for each course is given on the website and in the printed course Programme.

The academic year 2020-21 starts on Monday 5 October 2020

Messages from Council Officers

A date for your diary

The **Annual General Meeting** will be held on 18 March 2020 in **The Physiology Lecture Theatre**, Department of Physiology, Development and Neuroscience, Downing Site, CB2 3EG. This will follow the lecture that starts at 2.15 pm.

John Wills, Secretary U3AC

Courses/talks

New Courses

HIS 40: Evolution of the modern British Army

Tutor: Alistair Mack

Day and time: Monday 11:40 - 12:40

Venue: U3AC, (Room 2)

Length of course: 1 term. Spring (5 weeks)

Places: 12

Start date: 17 Feb

This course is for anyone with an interest in the modern British Army. First-hand Service experience and/or prior study are not prerequisites, but an enquiring mind and curiosity are welcomed. The course will follow a chronological and thematic approach and examine facts, myths, perceptions and achievements ranging from the well-known, high profile and violent to the overlooked, mundane or truly remarkable. It is not simply War Studies or military history but will provide the opportunity to explore a range of social and cultural issues and trends. The focus will be on the 20th and 21st centuries and will be illustrated with case studies including personal and local. The intended outcome is a sound knowledge and understanding of the modern British Army and should help provide learners with the skills and confidence to conduct their own independent research. Recommended reading will be made for each session.

Format: Introductory illustrated lecture leading to discussion

About me: A recently retired Army officer, former lecturer at the UK Defence Academy and specialist in professional development and Civil-Military Cooperation.

PSY 05: Introduction to Cognitive Psychology

Tutor: Alan Pechey

Day and time: Tuesday 16:30 - 17:30

Venue: U3AC, (Room 1)

Length of course: 1 term. Spring (8 weeks)

Places: 30

Start date: 14 Jan

The focus will be on introducing some of the key areas of cognitive psychology. We will look at fascinating topics such as human memory, perception and problem solving; both how these function normally, and how they can go wrong. We will also look at some of the methods used to study

cognitive psychology. No previous knowledge is assumed.

Format: Taught course or activity

About me. I love psychology and teaching; have been an Open University tutor in developmental and cognitive psychology for 25 years; have a Cambridge University MA (cognitive development) and PhD (human memory).

Poems by Heart: A taster

Co-ordinator: Ian Whybrow

Dates and time: 3 sessions, Thursday 5, 12 & 19 March: 10.00 – 11.00

Venue: U3AC, (Room 2)

Number of places: 16

I'd like to gather a group of enthusiasts for learning poems by heart. 'Performance' will be welcomed - but simply reciting verse and providing printed copies for the rest of the group to follow (and perhaps learn) will be fine. It will be up to the group to come up with the best way to carry on after the three-week taster. Arrive on Thursday 5th March with a couple of shortish favourites and we'll start from there.

The aim of the gathering is to have fun, extend everyone's repertoire, share an enthusiasm and exercise the brain. (Recent research by Cambridge academics has confirmed that learning poems by heart can help stave off dementia - which may offer some encouragement to join - but therapy is not an immediate priority.)

About me: I'm still working as a writer (mainly for children) and spent many years teaching English to A-Level.

Call Push Rescue

Tutor: Diane Anstee

Date and time: Wednesday 19 February, 15.15 – 16.45

Venue: U3AC, (Room 1)

Number of places: 9

Do you know how to give basic life support (cardiopulmonary resuscitation)? The British Heart Foundation has launched a new initiative to help create a nation of lifesavers. Come along to a single workshop to learn these simple, but vital skills. All you need is the ability to kneel down (but if that's not possible, come along and watch!).

Possible self-help support group for people on the autistic spectrum

I am considering setting up a U3AC self-help support group for people on the autistic spectrum, for example Asperger's Syndrome. The idea is to provide a friendly and safe place to share experiences and mutual support. This could take various forms, such as discussion, invited speakers, creative writing. In order to get an idea of how many people might be interested in such a group and to have a preliminary discussion about the sort of group people would prefer, we are

holding two meetings on 23rd and 30th January at 15:40 in U3AC, (Room 3). If you are interested but could not make either of those dates please contact me via the U3AC Office.

Willie Sugg

Applying for additional courses

Would you like to apply for any additional courses? The list of courses with vacancies is on the homepage of the U3AC website - in the bottom left hand corner. The list is updated regularly. To apply for a course, contact the Office.

Courses with vacancies

These courses starting in the spring or summer term have vacancies (at the time of going to press) full details are on the website.

ARTC 01: Embroidery, knitting ...

FIT 31: Tennis

HIS 10: Britain Begins

HIS 24: Modern History seminar

HIS 26: Rome - The Making of the City

LEI 13: Modern board games

LEI 16: Punting

LEI 20: Drop in Scrabble

LIT 12: E M Forster. His Life and Works 2

LIT 28: Shakespeare's Festive Comedies

MTH 02: Inertia and Rotation

PHL 06: Science and Philosophy

SCE 08: Garden Peas, Fruit Flies and You

SCE 21: The Learning Brain 2

SCE 23: The physics of the pizza...

SFM 04: Buddhist Meditation 2

SFM 05: Buddhist Meditation 3

Notes on Attending Courses

If you cannot attend a course session

- For classes held in U3AC premises: please inform the Office.
- For courses held outside: please send apologies directly to the tutor. Contact details are on the website underneath each course description. You will need to log in to the website to access this information (see below).

If you cannot attend the first session of term

If you are unable to attend the first session of your course please inform the tutor or the Office **before term starts**. Many courses have long waiting lists and we must be fair to other members, so if we do not hear from you before term starts, we will replace you with someone from the waiting list immediately after the first session.

Withdrawing from a course

If you are no longer able to attend a course in which you have a place, please inform the Office at the **earliest possible** opportunity, so that the place can be given to someone on the waiting list. Please do not wait until the course is about to start or has started. Thank you.

Tutors' details

For data protection reasons, the printed Programme does not include tutors' contact details or the venue if a course is held in a member's home. This information is given on the members' area of the website. Members without internet access can obtain this information from the Office.

To view the details on the website, log in using your username and password. Your username is usually your first name, then a full stop, then your surname. The first time you log in, you will need to set up a password. To set up a password or be sent your username, click the 'Forgotten Password?' button on the log-in screen. Do not click 'Become a Member' as you are already a U3AC member!

Please contact the Office if you have any difficulties using the website.

Do you attend a course at a non-U3AC venue?

We could not run our wide variety and large number of courses without using many 'non-U3AC venues' in Cambridge and beyond. We appreciate the way staff at these venues accommodate our needs and we want to continue to be welcome guests. Please help us by responding courteously to requests from venue staff, by being mindful of the needs of other users, by not arriving too early for your course and by leaving promptly afterwards.

Spread of Infection

Unfortunately, some members have been attending classes when unwell and we would therefore like to repeat our previous request. Our classrooms and public space are usually thronged with members, many of whom are vulnerable to infections. However reluctant you are to skip a class on health grounds, it is public-spirited and not in the least wimpish to do so if you have a cold, or 'flu-like symptoms, or any signs of gastro-enteritis (the norovirus is exceedingly contagious). Coughs, sneezes, and unwashed hands are all potent means of spreading disease. Thank you.

Summer School

The 4-week Summer School will run from **Monday 13 July to Friday 7 August 2020**. The programme will be available to members from **Monday 8 June 2020**.

Tutors can propose courses or talks via the website from Monday 6 April 2020. The closing date for proposals is Friday 29 May.

For Tutors (and Potential Tutors)

U3AC Needs You!

Do you have expertise you would be willing to share with other members? Would you consider leading a group in your subject?

The Courses Committee is keen to increase the number of courses/activities on offer and to extend the range and variety of subject areas. Some classes are regularly over-subscribed and we would love to be able to recruit tutors willing to run parallel courses, either as an individual or in collaboration with another member, to reduce the number of members who are disappointed because they cannot get a place on their preferred course.

If you feel that you might at some stage be willing to be a course tutor/leader, please come to the meeting on **Thursday 9 January** at 10.30 am in Room 1 of the U3AC premises. Members of the Courses Committee will be there to discuss what is involved. You will have ample opportunity to ask questions about any aspect of course leadership on a strictly 'no commitment' basis. If you feel you may be interested in attending, or want to know more, please contact the Office.

Tutors' proposals for courses

Planning for the 2020-2021 academic year will begin in February.

- Current tutors with an email address will receive an email advising them that they can submit their proposals online.
- Current tutors without an email address will be sent a proposal form by post that they can complete and return to the Office.

The closing date for proposals is 31 March 2020.

Improving your tutoring skills

Are you a tutor or thinking of becoming one? Then this tutor support session could be just what you need.

'Reaching Out to All Learners' will help you find the answers to these questions:

- How do we, as tutors, reach out to all learners?
- What do we need to do to increase confidence in being a tutor?
- How do we develop strategies for working well with a group of U3AC members?
- How do we plan for our course sessions?

The session will be practical and discussion based, within a proven structure of tutor support and development. Workshop participants will be expected to take an active part in the session.

Course Tutor, Dr Maggie Balshaw, is an experienced teacher educator and researcher into staff and school development. She has a PhD from Cambridge University in these subjects, and has run staff development workshops in the UK and in many international contexts.

The session is on **Saturday 7 March** in U3AC, Room 5 from 10.00 am – 1.00 pm. Maximum of 20 participants. Please contact the Office to request a place.

Conferences and other events

Dr Ron Gray Memorial Conference 2020: British Politics in Meltdown: Rethinking politics in post-Brexit Britain

Having already been advertised in the weekly bulletin for some weeks, there are now just a few places remaining. Members who wish to attend should contact the Office. Numbers are limited to the capacity of the venue.

U3AC's 2020 conference will be held in the McCrum Lecture Theatre at Corpus Christi College on **Saturday 18 January**, starting at 10 am and finishing at 1 pm.

Whatever the final outcome, Brexit has exposed major flaws in the British system of politics, and it may prove to have profoundly changed that system. This conference will consider what this implies for the future of British politics.

Three speaker presentations will be followed by an Open Forum discussion in which those attending will have an opportunity to make their own brief contribution as well as pose questions to the speakers.

The speakers will be:

- **Professor David Howarth**, Professor of Law and Public Policy, Dept of Land Economy at Cambridge University; MP for Cambridge 2005-10
- **Mark Hayes**, former Cambridge City Councillor, former PPC for Saffron Walden, currently running a London based housing association
- **David Burgess**, U3AC Tutor in Comparative Politics and Populism

New Year Social Event

The annual New Year social event will be held on **Friday 10 January 2020** at 12 noon at the David Rayner Centre, Scotsdale's Garden Centre. Come and enjoy a light buffet lunch prepared by the catering committee together with wines and soft drinks.

Cost: £6.

Applying for tickets: Collect an application form from the Office or download one from the 'Trips and Visits' section of the website (you will need to log in first). Return the completed application form to the Office with a cheque for the appropriate amount and a stamped, addressed envelope.

Member comments after previous events:

'The food and wine were excellent and we were delighted to attend'

'Yet another very successful U3AC party - great food, delicious wines, really sociable event'

'It was so well organised, and the provision so generous and varied that it made a delightful setting to meet others'

Wine Tasting

Details of the next Wine Tasting evening will be published in the Weekly Bulletin.

Other organisations

Details of events held by other organisations can be viewed on our website:

<http://www.u3ac.org.uk/other-organisations/>

Deaths

We were very sorry to hear of the deaths of:

*Michael Coleman earlier in the year
Tom Eatough in August
Jeffery Lewins in August
Betty Phillips in September
Graham Garrett in September
Denis Whitehouse in September*

*Catherine Rose in September
(Harold) Michael Scott in October
Stella Zuntz in November
Doreen Francis in November
Jan Gilden in November*

General Information

Exhibitions

If any U3AC groups or individuals would like to hold a 3-week exhibition of their work in the U3AC premises, please contact the Office to reserve a slot. If you sell your work through the exhibition the U3AC would appreciate a donation from your profits.

Book and Jigsaw Swap

The free Book and Jigsaw Swap is in the coffee area in the U3AC premises. Simply take along a book or jigsaw you no longer wish to keep and swap it for something from the shelves. You can keep the swapped item or swap it again for something else. Nothing too battered, please, and books no larger than A4.

Computer Support Group

Members of the Computer Support Group are willing to answer members' questions about computing and provide help with problems members have with their computing devices. We are not at all geekish! Although we cannot promise to solve every problem, we will try to help. (Any help or suggestions we offer are on a 'best efforts' basis, without liability.)

If you have run into difficulties with your PC, please email the U3AC Office (office@u3ac.org.uk) giving as much information about the problem as you can. It would be helpful if you could include:

- Type of computer (e.g. desktop, laptop, tablet, iPad);
- The computer's Operating System and version (e.g. Windows 10, Ubuntu Linux 10.04, ios 8)
- The problem: what it is, when does it happen, did it start after you changed something else;
- Your computer skill level (basic, some familiarity, expert);
- Anything else you feel relevant and helpful.

Discounts to members

We have a number of discounts for U3AC members in shops and restaurants around Cambridge. Many of these display a U3AC logo in their window or by the till to make it easier for you to spot. You can download the full list (giving any terms and conditions for the discount) from the U3AC website; there is a link on the homepage.

Member contributions

Reports from courses, trips and members' written contributions can be found on the website <https://u3ac.org.uk/members-contributions/>

Environment group

Recent activities and reports can be found on the website <https://u3ac.org.uk/environment/>

General Administration

Savings on postage

If two (or more) members live at the same address we save postage by sending their documents in one envelope. If you would like future mailings sent in separate envelopes, please inform the Office.

Copy for next Newsletter

If you would like an article or notice included in the next newsletter, please send it to the Office for consideration no later than **Monday 2 March**.

Council meeting and minutes

The next U3AC Council meeting is on **Friday 21 February 2020**.

Cultural and Social Activities

These activities are organised by the U3AC Cultural and Social Activities Committee. The Chair of the Committee is Clem Messenger.

Information about these activities may be obtained from:

- the weekly Bulletin, sent by email or pick up a printed copy from U3AC premises
- the website: www.u3ac.org.uk
- by emailing the Office: office@u3ac.org.uk

Application forms can be obtained in the following ways:

- download from the website, in the Trips and Visits area (you will need to log in)
- from the display area at the U3AC premises
- at the Wednesday lectures
- by emailing the Office
- by sending a stamped addressed envelope to the Office with the name of the event in the top left-hand corner
- by paying an annual fee of £7 (payable in September), members will be sent every form as soon as it is available.

Forms are usually available about 4 weeks before the outing. It is important that you:

- Complete the form correctly - especially the section at the bottom specifying a contact number for emergency purposes as this is a legal requirement.
- Send your completed form to the U3AC Office or place it in the Collection Box at U3AC *before* the closing date.
- Include a stamped addressed envelope.
- Clearly mark the back of the envelope with the name of the trip.

If there are more applicants than places a draw is held about 2 weeks before the event in order to make it fair for everyone. If your application has been successful you will be sent an acceptance slip, otherwise your cheque will be returned to you.

- Please bring your acceptance slip with you on the trip as confirmation of booking acceptance, to avoid any misunderstandings.

Members are reminded that places on a visit can only be offered to a friend who is **not** a member if there is no waiting list for a trip. Arrangements must be made through one of the organisers.

Pick-up points: Our standard pick-up points are the **Trumpington** and **Madingley Road Park and Ride sites** (where parking for the day is free). On Sundays we also pick up from **Trumpington Road, at the end of Bateman Street**.

The following events have been arranged:

Wednesday 1 July 2020

Sutton Hoo Royal Burial Site, Suffolk

Cost and times to be confirmed

Application forms will be available at the end of April.

Organiser: Monica Williams

Date tbc

Chatham Dockyard

Cost and times to be confirmed

Organiser: Ann Leslie

Proms 2020

We are proposing to run a trip to a Proms performance next summer. Since the programme does not come out until mid-April next year, we will not know any details until then. However if you are interested you will need to check the bulletin nearer the time for further details. The tickets go on sale 3 weeks after the programme is published, so if you are interested in applying you will need to do so asap between April 17th and May 7th.

Additional events will be advertised in the Weekly Bulletin.

U3AC Film Group

Established in October 1999 with the much valued contribution of the Arts Picturehouse Cambridge management, the U3AC Film Group shows a wide range of the best in both historic and contemporary world cinema from all countries, generations and genres. Our programmes take a robust and adventurous approach to the history of cinema.

The shows take place at the Arts Picturehouse every Tuesday during term time, in Screen 2 or Screen 3 (no allocated seating). There are no ads or trailers which means that all our films start **promptly at 1.00 pm** (other than when an epic or exceptionally lengthy film is shown). Please make sure you are seated by the start time of 1.00 pm as a dark cinema can be hazardous. Members are most welcome to attend our post screen discussions and to make suggestions for future showings.

Please ensure that all electronic devices are switched off or in the case of mobile phones switched to silent mode. Under no circumstances should photography/filming take place in the cinema.

SPRING TERM 2020

14 January Walkabout Dir: Nicolas Roeg: Australia 1970 (96 mins)
[Member's Request]

Nicolas Roeg's second film as director is an atmospheric masterpiece of sexual tension. Jenny Agutter and Luc Roeg (the director's son, here credited as Lucien John) play the children stranded in the outback when their father kills himself. As they are guided by an Aborigine youth (David Gulpili) who teaches them how to live off the seemingly arid land, Roeg successfully conjures up a tale that is as dazzling as the shimmering landscape against which it is set.

21 January The Great Dictator Dir: Charles Chaplin: USA 1940 (124 mins)
[Member's Request: Forties' Season: Chaplin Tribute]

Chaplin's first dialogue feature was brilliant satire on the anti-Semitic Nazi regime, with Chaplin in the dual role of a Jewish barber and dictator Adenoid Hynkel. This features some of Chaplin's greatest comic moments – the glories of the barber shaving a customer in time to a Hungarian dance by Brahms, contrasting with Hynkel's solo ballet with a globe of the world. Bliss, even though Chaplin said that if he had known the Nazis' real horror, he would never have made such a burlesque, and the final speech, pleading for universal tolerance when the barber takes over from Hynkel is passionate but mawkish.

28 January Shoplifters Dir: Hirokazu Kore-eda: Japan 2018 (121 mins)
[Member's Request]

This Palme d'Or winning drama about a Japanese family of crooks who lift a lost little girl from the streets is a satisfying and devastating gem. The film is complex, subtle and mysterious and builds to the most extraordinary surprise ending, a twist worthy of psychological suspense noir – another of the intricate and nuanced family dramas in the classical Japanese style, of which Kore-eda has made himself a modern master.

4 February The Treasure of the Sierra Madre Dir: John Huston: USA 1947 (125 mins)
[Member's request: Forties' Season: John Huston Tribute]

The great Humphrey Bogart turns in a memorable performance here as drifter Fred C Dobbs, who along with Tim Holt's young idealist latches onto gnarled old Klondike prospector, Walter Huston (minus false teeth) in a search for gold in bandit-infested Mexico. Pitched as an updated biblical fable about greed and human despair, and partly shot in the Mojave desert, the film has a superb opening, some portentous passages and a thunderous score by Max Steiner. Huston won Oscars for his direction and screenplay, and his father, Walter, won as best supporting actor.

11 February Deep End Dir: Jerzy Skolimowski: USA/West Germany 1970 (91 mins)

This is one of the strangest films to come out of the "Swinging Sixties". Directed by Polish émigré Jerzy Skolimowski, the film is set in the grotty dank Chelsea public baths. John Moulder-Brown – a callow, haunted-looking 15-year old and Jane Asher are the employees who swap changing rooms so he can please the ladies (including bosomy football fanatic Diana Dors) and she can pleasure the gents. The pool provides the film's central metaphor and some bizarre shocking things happen in it. (Having seen this strange film a number of times I still retain quite an affection for it – odd but definitely worth seeing -J).

18 February Bergman - A Year in a Life Dir: Jane Magmusson: Sweden/Norway 2018 (117 mins)

This 2018 Swedish/Norwegian documentary film directed by Jane Magmusson journeys through the year 1957, the year when one of cinema's greatest directors, Ingmar Bergman released two of his most acclaimed features ("The Seventh Seal" and "Wild Strawberries"), made a TV film ("Mr Sleeman is Coming") and directed 4 plays for the theatre ("The Misanthrope", "Counterfeiters", "The Prisoner", and "Peer Gynt"). Magmusson has amassed a wealth of archive and contemporary interviews, along with a selection of clips from Bergman's vast body of work.

25 February **The Touch** **Dir: Ingmar Bergman: USA/Sweden 1971 (107 mins)**
On the surface this appears to be one of Bergman's lesser chamber dramas. In the director's first English-language film, Elliott Gould appears uncomfortable playing the Jewish archaeologist who embarks on an affair with Bibi Andersson. The film takes on a deeper meaning when we realise it is a meditation on the troubled marriage of Bergman's parents, with the photograph Andersson shows Gould of her mother depicting Karin Bergman.

3 March **Heat and Dust** **Dir: James Ivory: UK 1982 (130 mins)**
[Member's Request]
Ex-BBC researcher Julie Christie travels to India to investigate her late great-aunt Olivia (Greta Scacchi) who caused a scandal in the Twenties. Adopting her own novel, Ruth Praver Jhabvala produces a new twist on E.M. Forster's *A Passage to India*, using two characters and separate time zones to express similar ideas about cultural collision.

10 March **Shadow of a Doubt** **Dir: Alfred Hitchcock: USA 1942 (103 mins)**
[Forties' Season]
Early on in Alfred Hitchcock's personal favourite of his own films, a train belching out a cloud of ominous black smoke, pulls into Santa Rosa, California. Joseph Cotten has arrived and is met by his adoring niece, Teresa Wright. Both are called "Charlie". She is pumpkin-pie innocence: but is he really a suave killer, wanted back east for relieving widows of their wealth and their lives? Although Hitchcock blurs the line between good and evil, the two Charlies are inevitably pitched against each other, as suspicion increases and the police start nosing around. (This is yet another wonderful film by the great 'Hitch' with terrific tension -J)

17 March **Pain and Glory** **Dir: Pedro Almodóvar: Spain 2019 (113 mins)**
Almodóvar's film narrates a series of re-encounters of Salvador Mallo (Antonio Banderas), a film director in his decline. Some of these re-encounters play out in real time, others are recalled through flashbacks: his childhood in the Sixties, when he emigrated together with his family to the primitive village of *Paterna*, his schooling, his first adult love in Madrid in the Eighties, the pain of the breakup of this relationship, writing as a therapy to forget, the discovery of cinema, facing the impossibility of continuing filming etc .

Our First Show after the Easter break will be at 1.00 pm on Tuesday 21 April 2020 when we will be showing "Patton - Lust for Glory" (Franklin J Schaffner).

Tickets for U3AC Film Group screenings

Tickets for single shows are available on the door for the standard cinema ticket price. U3AC members can get a reduced-price ticket by first purchasing a U3AC 10-week Term Card (or adding this to your existing Picturehouse Membership), and then obtaining a paper ticket (at no additional cost) on the day.

1. Buy a 10-week film term card for the discounted price of £35. This allows you entry to each of the 10 films screened at 1 pm each Tuesday of the term, at no extra cost.
 - To get set up, register at any till at the Cambridge Arts Picturehouse near the beginning of a term. Bring your U3AC membership card as proof of eligibility to this scheme.
 - The Picturehouse staff will issue you with a plastic Picturehouse Membership card, which stores your 10 free U3AC screening ticket credits on it, lasting the whole of the 10-week term.
 - Please keep this card and renew it at any Arts Picturehouse till before each term (you cannot do this over the phone or on the U3AC or Picturehouse websites).
 - **Note:** If you already have a plastic Picturehouse Membership card, either one for which you've paid an annual fee or a prior U3AC Term Card, Picturehouse staff will add the current U3AC term to your existing card.
2. You will need a paper ticket to gain entry to each week's U3AC film.
 - Present your plastic Picturehouse Membership card at any till in the cinema to get your 'free' ticket to the current week's U3AC film.
 - Show this to the usher at the door to gain entry to the film.

Norah Boyce Science Lectures

The lectures are held in St Andrew's Street Baptist Church, St Andrew's Street, on Tuesdays at 5.45 pm. The Church is light and spacious with VERY comfortable chairs.

The church is just south of the Arts Picturehouse Cinema and opposite the Sainsbury's Local. It is five minutes' walk from Drummer Street bus station and there is good provision for bikes. Please enter via the passageway marked Stonehouse Yard and Café – access to the church is available from 4.30 pm. (The café is not open for service after 4 pm.)

SPRING TERM 2020 "Science for Everyone"

21 January *Will the Earth become too hot for your grandchildren to handle?*

Prof Herbert Huppert FRS, Institute of Theoretical Geophysics

Global temperatures, sea levels and extreme atmospheric phenomena have been increasing for many decades. Why? Can we do anything about it? What are the advantages and disadvantages?

11 February *Arise, Sir Isaac! Newton's London career*

Dr Patricia Fara, Emeritus Fellow of Clare College

For the last thirty years of his life, Isaac Newton lived in London and ran the Royal Mint as well as the Royal Society. Formerly a reclusive other-worldly scholar at Cambridge, now he moved in aristocratic circles, exerted political influence and became very rich.

3 March *The consequences of DNA mutations in our bodies throughout life*

Sir Michael Stratton FRS, Director, Wellcome Sanger Institute

Details to follow.

17 March *Food security, untaken harvest and what can science do?*

Prof Chris Gilligan, Department of Plant Sciences

Our ability to feed the burgeoning world population requires us to think not only of how to increase supply but also how to prevent unnecessary losses, including the 'untaken harvest' that is lost to pests and disease. We shall review some broad options for rebalancing supply and demand and how science can help in increasing supply and reducing losses.

Wednesday Lectures

The Wednesday Lectures are held at 2.15 pm in **The Physiology Lecture Theatre**, Department of Physiology, Development and Neuroscience, Downing Site, CB2 3EG.

Directions: the building is just 5 minutes' walk from Drummer Street bus station. For those unfamiliar with the Downing Site, the simplest route is to enter via the Tennis Court Road entrance and then walk straight ahead to the lecture theatre where U3AC stewards will greet you.

Toilet facilities: note that there are limited toilet facilities in the building; the nearest public conveniences are in the Grand Arcade.

All members are welcome to attend. Please have your membership cards ready to show on entry.

Any last-minute changes to the programme will be publicised in the Weekly Bulletin.

SPRING TERM 2020

15 January ***Why all is not well with the health of the River Cam***

Stephen P. Tomkins

In early spring 2019, the River Cam was at its lowest level of flow since records began in 1949. The Wilbraham River was dry and by September the Granta was dry at Stapleford. This state of affairs was in part attributable to low winter rainfall, and possibly also to climate change but more so to over abstraction from the Chalk aquifer, from which all of Cambridge's water supplies derive. We are in a water stressed region, yet there is an inexorable and increasing demand for water. Such low flow exacerbates the collapse of river water quality and leaves parts of our River network to be classified only as 'poor'? With our dying chalk streams now under threat how are we possibly to achieve a truly sustainable future?

22 January ***'Temples worthy of His Presence'? Churches and Chapels from the Reformation to the present day***

Tony Kirby

Drawing largely on examples from Cambridgeshire and its immediate neighbours, this talk explores how places of worship in England have changed from the 16th century onwards to reflect trends in what was considered 'right' in the context of their age, from Puritan iconoclasm through the emergence of 'Dissent' in the 18th century, the Evangelical Revival, the Oxford Movement (and its Cambridge equivalent) and the self-confidence of Victorian Nonconformity to the challenges faced by the churches of all denominations today with (largely) elderly and dwindling congregations.

29 January ***Eleanor and Franklin Roosevelt: Women and the New Deal***

Tony Badger

As a pioneering First Lady, Eleanor Roosevelt refused, as one admirer put it, 'to step into her little mould in the biscuit tin of President's wives that was ready and waiting for her.' She broadcast on the radio, wrote a newspaper column, travelled endlessly and spoke out fearlessly in defence of liberal and humanitarian issues. In this lecture, Tony Badger examines the emotional distance that underpinned the close political partnership with President Roosevelt. He examines Eleanor's role as part of a remarkable network of female reformers in the New Deal which exerted an unprecedented influence over American policy and politics that would not be matched until the 1970s. Tony looks at the policy outcomes of their efforts. Did they create a New Deal for women? Why was their influence so diminished in World War II?

5 February ***Living in the Plastic Age***

Dr Claire Barlow, Deputy Head of Department of Engineering

The modern plastics era dates from the second world war, when most of our familiar plastics were invented and developed. The potential of these artificial materials was immediately apparent because of their low cost, low weight and manufacturability, with versatility deriving from their wide range of useful mechanical and physical properties. Plastics are now ubiquitous in all aspects of our lives, and it is no exaggeration to describe them as transformational. However, their durability, their resistance to degradation, which is for many applications one of their most desirable attributes, is now threatening their downfall: end-of-life for plastics is problematic. Marine plastic waste in particular has become a focus for international attention, but anxiety is increasing around other aspects of plastic waste in the environment such as microplastics. Knee-jerk reactions are rife. A few are sensible, but the majority are problematic in various different ways leading to undesirable environmental consequences. We do need to take action to solve the problem of existing and future plastic waste. But rather than just banning plastics, can we find ways to use them more wisely and solve the end-of-life issues?

12 February *The Circular Farm – the past, present and future of farming at the National Trust's Wimpole Estate*

Callum Weir

Callum Weir, farm manager, will give a talk on the past, present and future of farming at the National Trust's Wimpole Estate. Callum will delve into Wimpole's illustrious farming heritage and explain how the National Trust takes themes from the past to inform its present day management of the 1,500-acre mixed organic farm. At an exciting and pivotal time in the future of land management, Callum will go on to explain the future of farming at Wimpole, with productivity, biodiversity and increasingly climate change mitigation being seen as the core outputs of the farming enterprise. In addition, the talk will explore how the National Trust seeks to use Wimpole as a demonstration farm to influence the uptake of sustainable land management beyond its boundaries through EU-wide projects such as FABulous Farmers.

19 February *Bittersweet – better Sweet?*

Professor Tim Cox, Emeritus Professor of Medicine, Director of Research and Life Fellow of Sidney Sussex College

Here I examine the relationship between slavery and the sugar trade - as well as the craving for sweet things seen through the prism of a rare metabolic disease. Sugar collides throughout history with our physiology and genetics to trespass into Medicine and International health.

26 February *Recent Developments in East Asia: The Korean Peninsula, China, Hong Kong and Japan*

Jim Hoare

East Asia has seen remarkable developments in recent years. China's dynamic economy challenges the United States, while growing military capacity worries its neighbours. In Korea, a brash young leader in the North seemed bent on aggression. Then came President Trump. He quarrelled with China, threatened North Korea with annihilation and seemed ready to abandon long-term allies. Yet as new tensions arose, old ones seemed to ease. Jim Hoare will try to make sense of it.

4 March *Malnutrition in Africa*

Ann Prentice, Honorary Professor of Global Nutrition and Health

Malnutrition in Africa remains a major global public health concern but the focus has evolved over recent decades to encapsulate problems related to obesity and poor diet quality as well as nutritional deficiencies. Many African countries now face the 'triple burden of malnutrition', undernutrition and micronutrient deficiencies on the one hand, overweight and obesity on the other, with the origins often in fetal life and early childhood. In this talk I will provide an overview and perspective from over 40 years of nutritional research in The Gambia.

11 March *Cause and Effect in Human Laws*

Professor Jane Stapleton FBA

Most people go through life without being troubled by what "causation" means. But the surprising thing is that, if we investigate different fields of enquiry – such as law, philosophy, science and so on - we find people do not always have the same understanding of what it means to be "a cause" of something. Unless we grasp that this is happening, we will fail to understand why the concept of causation itself generates misunderstandings. Causal analysis in law is constrained and otherwise shaped by the functions the analysis is used to perform in the relevant society. Those functions are socially constructed and culturally dependent. They are not the universal objective reality of concern to metaphysicians. This talk explores why causal analysis in law is sometimes more simple than in many other fields and sometimes more complex.

18 March *The Bank of England, An Illustrated Visit*

John Keyworth, U3AC member

Since 1734 the Bank of England has occupied a site in Threadneedle Street at the centre of the City of London, the capital's financial district, and during that time has employed several distinguished architects. The list includes Robert Taylor, John Soane and, in the 1930s, Herbert Baker who, drawing on elements of the work of his predecessors, built the Bank's present Grade I listed building.

Please note: this lecture will be followed by the **AGM**

UNIVERSITY OF THE THIRD AGE IN CAMBRIDGE (CIO)

NOMINATIONS FOR COUNCIL

Council members are U3AC's trustees and, as such, have responsibility for the organisation's finances, policies and operations. Full details of the role of trustees can be seen at: <https://www.gov.uk/government/publications/the-essential-trustee-what-you-need-to-know-cc3/the-essential-trustee-what-you-need-to-know-what-you-need-to-do>

In terms of time, membership of Council requires preparation for, and participation in, up to six meetings each year together, where necessary, with attendance at meetings of sub-committees. Council members are also expected to take part as hosts at certain social and new member events.

At the AGM on Wednesday 18 March 2020 five seats on U3AC's Council will become vacant. Nominations are therefore sought for eligible candidates to stand for these vacancies. Eligible candidates are U3AC members who did not serve on Council in the period March 2017 - March 2020 and are not disqualified by charity law to act as a trustee (disqualifying factors are described in the following Charity Commission document): <https://www.gov.uk/guidance/charity-trustee-disqualification>

If you would like to nominate one or more people to stand as a candidate please ensure your suggested nominee(s) is/are willing then find another U3AC member to second your proposal. Nominations should be submitted using the form below and accompanied by:

- photograph(s) of the nominee(s)
- short statement(s) summarising the nominee(s) involvement with U3AC activities, including length of membership and any other relevant information.

Nominee(s) should sign the form to indicate they are eligible and content to be nominated.

Completed forms should be returned to:

The Secretary, U3AC, 27-28 Bridge Street, Cambridge CB2 1UJ **by Wednesday 12 February 2020.**

If more than five nominations are received there will be a ballot at the AGM.

NOMINEE	PROPOSER <i>(please print)</i>	SECONDER <i>(please print)</i>	NOMINEE'S SIGNATURE